BEAMFORMING OPTIMIZATION FOR INTELLIGENT REFLECTING SURFACE WITH DISCRETE PHASE SHIFTS

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ABSTRACT

Intelligent reflecting surface (IRS) is a cost-effective solution for achieving high spectrum and energy efficiency in future wireless communication systems by leveraging massive low-cost passive elements that are able to reflect the signals with adjustable phase shifts. Prior works on IRS mostly consider continuous phase shifts at each reflecting element, which however, is practically difficult to realize due to the hardware limitation. In contrast, we study in this paper an IRS-aided wireless network, where an IRS with only a finite number of phase shifts at each element is deployed to assist in the communication from a multi-antenna access point (AP) to a single-antenna user. We aim to minimize the transmit power at the AP by jointly optimizing the continuous transmit beamforming at the AP and discrete reflect beamforming at the IRS, subject to a given signal-tonoise ratio (SNR) constraint at the user receiver. We first propose a suboptimal and low-complexity solution to the problem by applying the alternating optimization technique. Then, we analytically show that as compared to the ideal case with continuous phase shifts, the IRS with discrete phase shifts achieves the same squared power gain in terms of asymptotically large number of reflecting elements, while a constant performance loss is incurred that depends only on the number of phase-shift levels. Simulation results verify our analytical result as well as the effectiveness of our proposed design as compared to different benchmark schemes.

Index Terms—Intelligent reflecting surface, passive array, beamforming, discrete phase shifts.

1. INTRODUCTION

Although massive multiple-input multiple-output (MIMO) technology has significantly improved the spectrum and energy efficiency of wireless communication systems, the required high complexity and high hardware cost is still the main hindrance to its implementation in practice, especially at higher frequencies such as those in the millimeter-wave (mmWave) band [1,2]. Recently, intelligent reflecting surface (IRS) has emerged as a new and cost-effective solution for achieving high beamforming and interference suppression gains via only low-cost reflecting elements. An IRS is generally composed of a large number of passive elements each able to reflect the incident signal with an adjustable phase shift. By intelligently tuning the phase shifts of all elements adaptive to dynamic wireless channels, the signals reflected by the IRS can add constructively or destructively with non-reflected signals at the user receiver to boost the desired signal power or suppress the co-channel interference, thus drastically enhancing the wireless network performance without the need of deploying additional active transmitters/relays.

Prior works on IRS-aid wireless communication can be found in e.g. [3–7]. Specifically, for the IRS-aided wireless system with a



single user, it was shown in [3] that the IRS is capable of creating a "signal hotspot" in its vicinity via joint active beamforming at the access point (AP) and passive beamforming at the IRS. In particular, an asymptotic receive power gain in the order of $\mathcal{O}(N^2)$ in terms of the number of reflecting elements at the IRS, N, as $N \to \infty$, was revealed in [3]. Such a squared power gain is larger than that of massive MIMO, i.e., $\mathcal{O}(N)$ [1], which is due to the fact that the IRS combines the functionalities of both receive and transmit antennas, thus doubling the gain. For multiuser systems, it was shown in [4,5] that besides enhancing the desired signal power at the receiver, a nearly "interference-free" zone can be established in the proximity of the IRS, thanks to its spatial interference nulling/cancellation capability. However, all the above benefits are achieved by assuming an IRS with continuous phase shifts at each reflecting element, which is practically costly to implement due to the hardware limitation [6, 7]. Although [6, 7] considered the use of finite-level phase shifters for IRS, the optimal phase shifts at all elements were obtained by exhaustive search, which, however, is computationally prohibitive for practical IRS with a large number of elements. Thus, more efficient discrete-phase reflect beamforming for the IRS jointly with the continuous transmit beamforming for the AP needs to be designed. In addition, the performance gap between the ideal case with continuous phase shifts and the practical case with finite number of discrete phase shifts has yet to be investigated for the IRS.

Motivated by the above, in this paper we consider an IRS-aided wireless communication system as shown in Fig. 1, where a multiantenna AP serves a single-antenna user with the help of an IRS. Although the system setup is same as that in [3], we consider the practical case where the IRS only has a finite number of discrete phase shifts in contrast to the continuous phase shifts considered in [3]. Similar to [3], we aim to minimize the transmit power required at the AP via jointly optimizing the active transmit beamforming at the AP and passive reflect beamforming at the IRS (under discrete phase shifts), subject to a given signal-to-noise ratio (SNR) constraint at the user receiver. As this problem is non-convex, we propose a lowcomplexity algorithm to solve it sub-optimally by leveraging the alternating optimization (AO) technique. Specifically, the optimal discrete phase shifts of all elements are determined one by one in an iterative manner with those of the others being fixed. Moreover, we analytically show that when the number of reflecting elements at the IRS, N, increases, the performance gap with discrete phase shifts from that with continuous phase shifts is a constant that depends only on the number of phase-shift levels at each element, but regardless of N as $N \to \infty$. As a result, the asymptotic squared power gain of $\mathcal{O}(N^2)$ by the IRS shown in [3] with continuous phase shifts still holds with discrete phase shifts. Simulation results validate our analysis and also demonstrate the significant power saving at the AP by using the IRS even with discrete phase shifts.

2. SYSTEM MODEL

As shown in Fig. 1, we consider a multiple-input single-output (MISO) wireless system where an IRS composed of N reflecting elements is deployed to assist in the communication from an AP with M antennas to a single-antenna user. While this paper focuses on the downlink communication, the results and analysis are applicable to the uplink communication as well. In practice, each IRS is attached with a controller which communicates with the AP via a separate wireless link for coordination and exchanging information on channel knowledge and accordingly adjusts the phase shifts of all elements [6, 8]. Due to the substantial path loss, we only consider the signal reflection by the IRS for the first time and ignore the signals that are reflected by the IRS two or more times. In addition, we assume a quasi-static flat-fading model for all the channels involved.

assume a quasi-static flat-fading model for all the channels involved. Denote by $\boldsymbol{h}_d^H \in \mathbb{C}^{1 \times M}$, $\boldsymbol{h}_r^H \in \mathbb{C}^{1 \times N}$ and $\boldsymbol{G} \in \mathbb{C}^{N \times M}$ the baseband equivalent channels of the AP-user link, IRS-user link and AP-IRS link, respectively, where the superscript H denotes the conjugate transpose operation and $\mathbb{C}^{x \times y}$ represents a $x \times y$ complexvalued matrix. Note that the AP-IRS-user composite channel is usually referred to as dyadic backscatter channel in the literature [9], which resembles a keyhole/pinhole propagation [10]. Specifically, each element at the IRS first combines all the received multi-path signals, and then re-scatters the combined signal with a certain phase shift as if from a point source, thus leading to a "multiplicative" channel model. Let $\Theta = \text{diag}(\beta e^{j\theta_1}, \cdots, \beta e^{j\theta_n}, \cdots, \beta e^{j\theta_N}),$ with $diag(\mathbf{a})$ denoting a diagonal matrix with its diagonal elements given in the vector **a** and *j* representing the imaginary unit, denote the phase-shift matrix of the IRS, where $\theta_n \in [0, 2\pi)$ and $\beta \in [0, 1]$ are the phase shift and amplitude reflection coefficient of each element, respectively. In practice, it is usually desired to maximize the signal reflection by the IRS. Thus, for simplicity, we set $\beta = 1$ in the sequel of this paper. For ease of practical implementation, we consider that the phase shift at each element of the IRS can only take a finite number of discrete values, which are equally spaced in $[0, 2\pi)$. Denote by b the number of bits used to represent each of the levels. Then the set of phase shifts at each element is given by $\mathcal{F} = \{0, \Delta\theta, \cdots, \Delta\theta(K-1)\}$ where $\Delta\theta = 2\pi/K$ and $K = 2^b$.

At the AP, we consider the conventional continuous transmit beamforming with $\boldsymbol{w} \in \mathbb{C}^{M \times 1}$ denoting the transmit beamforming vector. The total transmit power is given by $\|\boldsymbol{w}\|^2$, where $\|\cdot\|$ denotes the Euclidean norm of a complex vector. The signal directly from the AP and that reflected by the IRS are combined at the user receiver as

$$y(\ell) = (\boldsymbol{h}_r^H \Theta \boldsymbol{G} + \boldsymbol{h}_d^H) \boldsymbol{w} s(\ell) + z(\ell), \ell = 1, 2, \cdots, \quad (1)$$

where ℓ denotes the symbol index, $s(\ell)$'s denote the informationbearing symbols which are modeled as independent and identically distributed (i.i.d.) random variables with zero mean and unit variance, and $z(\ell)$'s denote i.i.d. additive white Gaussian noise (AWGN) at the receiver with zero mean and variance σ^2 . Accordingly, the user receive SNR is given by

$$\rho = |(\boldsymbol{h}_r^H \Theta \boldsymbol{G} + \boldsymbol{h}_d^H) \boldsymbol{w}|^2 / \sigma^2.$$
(2)

3. PROBLEM FORMULATION

Let γ denote the SNR requirement of the user and $\boldsymbol{\theta} = [\theta_1, \dots, \theta_N]$. In this paper, we aim to minimize the total transmit power at the AP by jointly optimizing the transmit beamforming \boldsymbol{w} and phase shifts $\boldsymbol{\theta}$, subject to the SNR constraint as well as the discrete phase-shift constraints. The corresponding optimization problem is formulated as

$$(\mathbf{P1}): \min_{\boldsymbol{w},\boldsymbol{\theta}} \|\boldsymbol{w}\|^2 \tag{3}$$

s.t.
$$|(\boldsymbol{h}_r^H \boldsymbol{\Theta} \boldsymbol{G} + \boldsymbol{h}_d^H) \boldsymbol{w}|^2 \ge \gamma \sigma^2,$$
 (4)

$$P_n \in \mathcal{F}, \forall n.$$
 (5)

Problem (P1) is non-convex since the left-hand-side (LHS) of (4) is not jointly concave with respect to \boldsymbol{w} and $\boldsymbol{\theta}$, and the constraints in (5) restrict θ_n 's to be discrete values. In general, there is no standard method for obtaining the optimal solution to such a non-convex optimization problem efficiently. An exhaustive search over all possible combinations of discrete phase shifts at all elements incurs an exponential complexity of order $\mathcal{O}(2^{bN})$, which is prohibitive for practical systems with large N.

6

4. PROPOSED ALGORITHM

In this section, we propose a low-complexity algorithm to solve (P1) sub-optimally based on the AO technique. Specifically, we alternately optimize each of the N phase shifts in an iterative manner by fixing the other N-1 phase shifts, until the convergence is achieved.

For any given phase shift θ , it is known that the maximum-ratio transmission (MRT) is the optimal transmit beamforming solution to (P1) [11], i.e., $w^* = \sqrt{p} \frac{|h_r^H \Theta G + h_d^H|^H}{|h_r^H \Theta G + h_d^H||}$, where *p* denotes the transmit power at the AP. By substituting w^* to (P1), we obtain the optimal transmit power as $p^* = \frac{\gamma \sigma^2}{\|h_r^H \Theta G + h_d^H\|^2}$. As such, minimizing the transmit power is equivalent to maximizing the channel power gain of the combined channel, i.e.,

(P2):
$$\max_{\boldsymbol{\theta}} \|\boldsymbol{h}_r^H \boldsymbol{\Theta} \boldsymbol{G} + \boldsymbol{h}_d^H\|^2$$
(6)

s.t.
$$\theta_n \in \mathcal{F}, \forall n.$$
 (7)

Let $\Phi = \text{diag}(h_r^H)G \in \mathbb{C}^{N \times M}$, $A = \Phi\Phi^H$, and $\hat{h}_d = \Phi h_d$. Denote by $A_{n,k}$ and $\hat{h}_{d,n}$ the (n, k)th and *n*th elements in A and \hat{h}_d , respectively. Then the key to solving (P2) by applying AO lies in the observation that for a given $n \in \{1, ..., N\}$, by fixing θ_k 's, $\forall k \neq n$, the objective function of (P2) is linear with respect to $e^{j\theta_n}$, which can be written as

$$2\operatorname{Re}\left\{e^{j\theta_{n}}\zeta_{n}\right\} + \sum_{k\neq n}^{N}\sum_{i\neq n}^{N}\boldsymbol{A}_{k,i}e^{j(\theta_{k}-\theta_{i})} + C$$
(8)

where $\zeta_n = \sum_{k\neq n}^N \mathbf{A}_{n,k} e^{-j\theta_k} + \hat{\mathbf{h}}_{d,n} = |\zeta_n| e^{-j\varphi_n}$ and $C = \mathbf{A}_{n,n} + 2\operatorname{Re}\left\{\sum_{k\neq n}^N e^{j\theta_k} \hat{\mathbf{h}}_{d,k}\right\} + \|\hat{\mathbf{h}}_d\|^2$, with $\operatorname{Re}\{\cdot\}$ denoting the real part of a complex number. Based on (8), it is not difficult to verify that the optimal *n*th phase shift is given by

$$\theta_n^* = \arg\min_{\theta\in\mathcal{F}} |\theta - \varphi_n|. \tag{9}$$

By successively setting the phase shifts of all elements based on (9) in the order from n = 1 to n = N and then repeatedly, the objective value of (P2) is non-decreasing. Since the optimal value of (P2) is upper-bounded by a finite value, the proposed algorithm is guaranteed to converge. With the converged discrete phase shifts, the minimum transmit power p^* can be obtained accordingly.

Note that the above algorithm requires a proper choice of initial discrete phase shifts, which can be obtained by first solving (P1) with the discrete phase-shift constraints (5) replaced by their continuous counterparts, i.e., $0 \le \theta_n < 2\pi, \forall n$ (see [3] for an algorithm to solve this problem), and then quantizing the continuous phase shifts obtained to their nearest points in \mathcal{F} similarly as (9).

5. PERFORMANCE ANALYSIS

In this section, we characterize the scaling law of the average received power at the user with respect to the number of reflecting elements, N, as $N \to \infty$ in an IRS-aided system with discrete phase shifts. For simplicity, we assume M = 1 with $G \equiv g$ to obtain essential insight. We also assume that the signal received at the user from the AP-user link can be practically ignored for asymptotically large N since in this case the reflected signal power dominates the total received power at the user. Thus, the user's average received power with b-bit phase shifters is approximately given by $P_r(b) \triangleq \mathbb{E}(|h^H|^2) = \mathbb{E}(|h^H_r \Theta g|^2)$ where θ is given by the discrete phase-shift initialization solution in the proposed algorithm in Section 4.

Proposition 1. Assume $h_r^H \sim C\mathcal{N}(\mathbf{0}, \varrho_h^2 \mathbf{I})$ and $\mathbf{g} \sim C\mathcal{N}(\mathbf{0}, \varrho_g^2 \mathbf{I})$.¹ As $N \to \infty$, we have

$$\eta(b) \triangleq \frac{P_r(b)}{P_r(\infty)} = \left(\frac{2^b}{\pi}\sin\left(\frac{\pi}{2^b}\right)\right)^2.$$
(10)

Proof. The equivalent channel can be expressed as $h^H = \mathbf{h}_r^H \mathbf{\Theta} \mathbf{g} = \sum_{n=1}^N |h_{r,n}||g_n|e^{j(\theta_n + \phi_n + \psi_n)}$, where $h_{r,n}^H = |h_r^H|e^{j\phi_n}$ and $g_n = |g_n|e^{j\psi_n}$ are the corresponding elements in \mathbf{h}_r^H and \mathbf{g} , respectively. Since $|h_{r,n}|$ and $|g_n|$ are statistically independent and follow Rayleigh distribution with mean values $\sqrt{\pi}\varrho_h/2$ and $\sqrt{\pi}\varrho_g/2$, respectively, we have $\mathbb{E}(|h_{r,n}||g_n|) = \pi \varrho_h \varrho_g/4$. Since ϕ_n and ψ_n are randomly and uniformly distributed in $[0, 2\pi)$, it follows that $\phi_n + \psi_n$ is uniformly distributed in $[0, 2\pi)$ due to the periodicity over 2π . As such, the optimal continuous phase shift is given by $\theta_n^* = -(\phi_n + \psi_n)$, $\forall n$ [3], with the corresponding quantized discrete phase shift denoted by $\hat{\theta}_n$ which can be obtained similarly as (9). Define $\bar{\theta}_n = \hat{\theta}_n - \theta_n^* = \hat{\theta}_n + \phi_n + \psi_n$ as the quantization error. As $\hat{\theta}_n$'s in \mathcal{F} are equally spaced, it follows that $\bar{\theta}_n$'s are independently and uniformly distributed in $[-\pi/2^b, \pi/2^b)$. Then, we have

$$\mathbb{E}(|h^{H}|^{2}) = \mathbb{E}\left(\left|\sum_{n=1}^{N} |h_{r,n}| |g_{n}| e^{j\bar{\theta}_{n}}\right|^{2}\right) = \mathbb{E}\left(\sum_{n=1}^{N} |h_{r,n}|^{2} |g_{n}|^{2} + \sum_{n=1}^{N} \sum_{i\neq n}^{N} |h_{r,n}| |g_{n}| |h_{r,i}| |g_{i}| e^{j\bar{\theta}_{n} - j\bar{\theta}_{i}}\right).$$
(11)

Note that $h_{r,n}$, g_n , and $e^{j\bar{\theta}_n}$ are independent with each other, with $\mathbb{E}\left(\sum_{n=1}^N |h_{r,n}|^2 |g_n|^2\right) = N \varrho_h^2 \varrho_g^2$ and $\mathbb{E}(e^{j\bar{\theta}_n}) = \mathbb{E}(e^{-j\bar{\theta}_n}) =$

 $2^{b}/\pi \sin \left(\pi/2^{b} \right)$. It then follows that

$$P_r(b) = N \varrho_h^2 \varrho_g^2 + N(N-1) \frac{\pi^2 \varrho_h^2 \varrho_g^2}{16} \left(\frac{2^b}{\pi} \sin\left(\frac{\pi}{2^b}\right)\right)^2.$$
(12)

For $b \ge 1$, is is not difficult to verify that $2^b/\pi \sin(\pi/2^b)$ increases with *b* monotonically and approaches 1 when $b \to \infty$ (i.e., continuous phase shifts without quantization). As a result, the ratio between $P_r(b)$ and $P_r(\infty)$ is given by (10) when $N \to \infty$, which completes the proof.

Proposition 1 provides a quantitative measure of the user received power loss with discrete phase shifts as compared to the ideal case with continuous phase shifts. It is observed that as $N \to \infty$, the power ratio $\eta(b)$ depends only on the resolution of phase shifters, 2^{b} , but is regardless of N. This result implies that even with a practical IRS with discrete phase shifts, the same asymptotic squared power gain of $\mathcal{O}(N^2)$ as that with continuous phase shifts shown in [3] can be achieved (see (12) with $N \to \infty$). As such, the design of IRS hardware and control module can be greatly simplified by using discrete phase shifters, without compromising the performance in the large-N regime. Since $\eta(1) = 0.4053, \eta(2) = 0.8106$, and $\eta(3) = 0.9496$, using 2 or 3-bit phase shifters is practically sufficient to achieve close-to-optimal performance. In general, to achieve a given received power at the user, there exists an interesting tradeoff between the number of reflecting elements (N) and the resolution of phase shifters (2^b) used at the IRS.

6. SIMULATION RESULTS

We consider a uniform linear array (ULA) at the AP and a uniform rectangular array (URA) at the IRS, respectively. The signal attenuation at a reference distance of 1 meter (m) is set as 30 dB for all channels. Since the IRS can be practically deployed to avoid blockage between the AP and its covered area in which the user of our interest is usually located, the pathloss exponent of the AP-IRS channel is set to be 2.2, which is lower than that of the IRS-user channel (2.8), and that of the AP-user channel (3.4). To account for small-scale fading, we assume Rayleigh fading for all the channels involved. Other parameters are set as follows: $\sigma^2 = -80 \, \text{dBm}$, $\gamma = 20 \, \text{dB}$, and M = 5.

The AP and IRS are assumed to be located $d_0 = 50$ m apart and the user lies on a horizontal line that is in parallel to the one that connects them, with the vertical distance between these two lines equal to $d_v = 2$ m. Denote the horizontal distance between the AP and user by d m. The AP-user and IRS-user link distances are then given by $d_1 = \sqrt{d^2 + d_v^2}$ and $d_2 = \sqrt{(d_0 - d)^2 + d_v^2}$, respectively. By varying the value of d, we examine the minimum transmit power required for serving the user with the given SNR target. We compare the following schemes: 1) Lower bound: solving (P1) with $b \rightarrow \infty$ by using semidefinite programming as in [3]; 2) Exhaustive search with 1-bit IRS: solving (P1) by searching all possible combinations of binary (K = 2) phase shifts; 3) AO with 1-bit IRS: using the AO algorithm in Section 4; 4) Initialization scheme with 1-bit IRS in Section 4; 5) The scheme without using the IRS by setting $w = \sqrt{\gamma \sigma^2} h_d / \|h_d\|^2$. In Fig. 2, we compare the transmit power required at the AP by the above schemes versus the AP-user horizontal distance. First, it is observed that the required transmit power of using 1-bit phase shifters is significantly lower than that without the IRS when the user locates in the vicinity of the IRS. This demonstrates the practical usefulness of IRS in creating a "signal hotspot" even with very coarse and low-cost phase shifters. Moreover, one can observe that the 1-bit phase shifters suffer power loss compared to the case with continuous phase shifts. This is expected

¹We assume i.i.d. Rayleigh fading channels where $\mathcal{CN}(\boldsymbol{x}, \boldsymbol{\Sigma})$ denotes the distribution of a circularly symmetric complex Gaussian random vector with mean vector \boldsymbol{x} and covariance matrix $\boldsymbol{\Sigma}$, and \sim stands for "distributed as".



Fig. 2. AP transmit power versus AP-user horizontal distance.

since due to coarse discrete phase shifts, the multi-path signals from the AP including those reflected and non-reflected by the IRS cannot be perfectly aligned in phase at the receiver, thus resulting in a power loss. Finally, it is observed that compared to the exhaustive search scheme, the proposed AO algorithm and the initialization scheme both achieve near-optimal performance.

To validate the analytical result in Proposition 1, we further compare in Fig. 3 the AP transmit power versus the number of reflecting elements N at the IRS when d = 50 m. In particular, we consider both b = 1 and b = 2 for discrete phase shifts at the IRS. From Fig. 3, it is observed that as N increases, the performance gap between the proposed scheme (for both b = 1 and b = 2) and the lower bound first increases and then approaches a constant that is determined by $\eta(b)$ given in (10) (i.e., $\eta(1) = -3.9224$ dB and $\eta(2) = -0.9224$ dB). This is expected since when N is moderate, the signal power of the AP-user link is comparable to that of the IRS-user link, thus the misalignment of multi-path signals due to discrete phase shifts becomes more pronounced with increasing N. However, when Nis sufficiently large such that the reflected signal power by the IRS dominates the total received power at the user, the performance loss arising from the phase quantization error converges to that by the asymptotic analysis given in Proposition 1. In addition, one can observe that in this case the gain achieved by the AO scheme over the initialization scheme is more evident with b = 1 compared to b = 2.

7. CONCLUSION

In this paper, we studied the beamforming optimization for IRSenhanced wireless communication under discrete phase-shift constraints at the IRS. Specifically, the continuous transmit beamforming at the AP and the discrete reflect beamforming at the IRS were jointly optimized to minimize the transmit power at the AP under the given user SNR target. We proposed an efficient AO-based algorithm to solve this problem, which was shown to achieve near-optimal performance. Furthermore, we qualitatively analyzed the performance loss caused by using IRS with discrete phase shifts as compared to the ideal case with continuous phase shifts when the number of reflecting elements becomes asymptotically large. Interestingly, it was shown that even using IRS with 1-bit phase shifters is able to achieve the same asymptotic squared power gain as in the case with continuous phase shifts. Simulation results demonstrated significant transmit power saving achieved by using IRS with discrete phase shifts as compared to the case without IRS. In addition, it was shown that



Fig. 3. AP transmit power versus the number of elements.

obtaining discrete phase shifts by directly quantizing the continuous phase solution already achieves near-optimal performance.

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